



Happy Holi

Everyone

Wishing you good health and prosperity.
May God shower his blessings on you on
the auspicious occasion of Holi.



THANK YOU!

A **HUGE** thank you to everyone who donated to our appeal last week for Ukrainian Refugees arriving in Poland - we were overwhelmed by your generosity and are confident that all of the items donated will be invaluable to the Ukrainian refugees escaping conflict.



MATHS IS MORE THAN AVERAGE!

Last week in Year 6 we were looking at averages. However, we thought it was a good idea to collect some of our own data so have been trying to emulate Johnny Bairstow's batting in the West Indies...

Now the analysis begins...

Six!



Mr L (aka Dickie Bird)



DIVERSITREE



This is our **DIVERSITREE**, which is designed to represent the RGS JS and the wide variety of wonderful individuals who combine to make our community. Mrs Cree, Mrs McCulloch and Miss Noble inspired all of Y6 to get involved in the project, using the work of Alberto Giacometti as a stimulus. Apart from being eye catching and generally pretty cool, it stands for something dear to us all – embracing difference and spreading love.

Mr Miller



CONGRATULATIONS....



....to Ben G (4MH) who received his Science badge at Cubs last week.



Well done, Ben!



....to Jaya B (5M)
who recently cut
7 inches off her hair
to donate to the
Little Princess Trust.

What a lovely, kind thing to do, Jaya - well done!



39TH NORTH EAST CHILDREN'S CANCER RUN

Sunday 15th May 2022

*Register Online TODAY and
Benefit from the Early Bird Rates!*

Don't forget to register for the Children's Cancer Run on Sunday 15th May 2022 at Gosforth Park. It is well worth the effort and I'll be there, along with some other members of staff from the Junior School, to cheer you along!

It's easy to sign up and you'll feel good both physically and spiritually if you do. **Also, if you reserves your place(s) before the end of March, you will be able to take advantage of the Early Bird rates - see below!**

Here's the link to book your place(s):

<https://childrenscancernorth.org.uk/events/>

When you register, please remember to select the Royal Grammar School (Juniors) when asked if you are running for a school or running independently.

Entry Fees (Early Bird Rates):

£7 (child)

£14 (adult)

£40 (family - up to 2 adults and 3 children)

So, go on, take the plunge... you know you want to!

Mr Miller



North of England
Children's Cancer
Research
Registered charity no. 510339



DURHAM COUNTY JUNIOR CHESS CHAMPIONSHIPS

The Durham County Junior Chess Championships will take place on Sunday 3rd April.

If your child is interested in playing, please click on the following link for more details:

Durham City Chess Club

Mr Eggleston



BE A HONEY BADGER

(Well, sort of...)



With a flick of a cape and a loud swooshing sound, we have had the arrival of **BRAVERY** as the guest superpower for March. Of course this conjures up thoughts of knights on horseback or soldiers or general acts of physical courage, but there is more to it than that. We have talked about bravery not being about an absence of fear – more about what we do when we recognise our fear. Putting your hand up in class, stepping onto the stage, telling a friend that you don't want to do what they are asking you to, defending someone who is having a bad time, asking a fellow student that you don't know how their balloon is, are examples of things that some of us don't find easy. This is when bravery comes into play. Being brave enough to step out of the comfort zone can be scary, but without question leads to personal growth and a sense of achievement... assuming things go well. If they don't go so well, are you brave enough to try again? If you are, then you are set for a life with a mind that never stops broadening its horizons.

For a Head Teacher merit I have asked the children to research the honey badger...wow...if you want to see an example of a creature that thinks its invincible... check them out!

Mr Miller





Movie themed Easter Egg Decorating Competition!



It's that time of year again where we ask Junior School students to take up the challenge of decorating a hard boiled egg under a particular theme. I am very excited to announce that this year's theme is 'Movies.' Could you craft an Eggcanto, Cinderegg, Egg in Black or Willy Wonka and the Egg Factory themed egg!? I am sure yolk ideas are much better than mine!

All decorated eggs are to be put in a small decorated shoe box. Please make sure your name and form is clearly labelled. All named shoeboxes must be displayed on your year group tables in Brandling and Lambton House by 8:30 am on Friday 1st April. Easter eggs will be judged that morning and winners will be announced in the final assembly before Easter.

That's all yolks!

Mrs McCulloch



MARCH MINDFULNESS IDEAS

Mindful March 2022

ACTION FOR HAPPINESS

Happier · Kinder · Together

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1. Take three calm breaths at regular intervals during your day	1. Set an intention to live with awareness and kindness	1. Notice three things you find beautiful in the outside world	1. Start today by appreciating your body and that you're alive	1. Notice how you speak to yourself and choose to use kind words	1. Bring to mind people you care about and send love to them	1. Have a 'no phone day' and notice how that feels
2. Find ways to enjoy any chores or tasks that you do	2. Eat mindfully. Appreciate the taste, texture and smell of your food	2. Take a full breath in and out before you reply to others	2. Get outside and notice how the weather feels on your face	2. Stay fully present while drinking your cup of coffee	2. Listen deeply to someone and really hear what they are saying	2. Pause to watch the sky or clouds for a few minutes today
3. Listen to a piece of music without doing anything else	3. Stop. Breathe. Notice. Repeat regularly	3. Get really absorbed with an interesting or creative activity	3. Look around and spot three things you find unusual or pleasant	3. If you find yourself rushing, make an effort to slow down	3. Appreciate nature around you wherever you are	3. Focus on what makes you and others happy today
4. Notice when you're tired and take a break as soon as possible	4. Choose a different route today and see what you notice	4. Mentally scan your body and notice what it is feeling	4. Discover the joy in the simple things of life	4. Focus your attention on the good things you take for granted	4. Choose to spend less time looking at screens today	4. Cultivate a feeling of loving kindness towards others today



CLASS TOKENS COMPETITION



A **BIG** well done to 5C who won the *Class Tokens Competition* last week.

Here are a couple of photos of the children enjoying their well-deserved breakfast:



Mrs Cree



MATHS PUZZLE OF THE WEEK



Last week's puzzle and solution:

Drinks and Burgers Puzzle

The Puzzle:



Given that:

- 1 bottle of drink + 1 bottle of drink + 1 bottle of drink = 30
- 1 bottle of drink + 1 cheeseburger + 1 cheeseburger = 20
- 1 cheeseburger + 2 glasses of drink + 2 glasses of drink = 9

Try to find the answer to this:

$$1 \text{ cheeseburger} + 1 \text{ glass of drink} \times 1 \text{ bottle of drink} = ?$$

Our Solution:

From the 1st: bottle of drink = 10 (10+10+10=30)

From the 2nd: cheeseburger = 5 (10+5+5=20)

From the 3rd: glass of drink = 1 (5+2x1+2x1=9)

So:

$$1 \text{ cheeseburger} + 1 \text{ glass of drink} \times 1 \text{ bottle of drink} \\ = 5 + 1 \times 10 \\ = 5 + 10 \\ = 15$$

This week's puzzle:

Open The Safe Puzzle

The Puzzle:

15340
513
1000

Ludwig Bump runs the bank in Mathsville.

You have to help him, though, because he has forgotten the combination number of the safe.

Fortunately, he does remember some things about the number which may help you to help him.

- The number has four digits (eg. 1234 or 9876).
- All the digits are different.
- It begins and ends with an odd number and has two even numbers in the middle.
- 19 and 519 go into it exactly.

WHAT IS THE NUMBER WHICH WILL OPEN THE SAFE?

Please submit your answer, along with any of your own, real-life puzzles (and answers!), to me:

t.lloyd@rgs.newcastle.sch.uk

Thank you.

Mr Lloyd

